YORKSHIRE FUTURES

Call us today to book:

01723 679915

Accredited training across Yorkshire

Course Guide







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www.yorkshirefuturestraining.co.uk

WHY CHOOSE US

Training that fits your people

Practical, accredited training across Yorkshire, delivered by people who do the job.

1. **Fully accredited**
   All our courses are accredited by recognised industry bodies and meet national standards.

2. **Expert trainers**
   Our trainers bring real-world experience to every session and keep learning practical and engaging. All are fully enhanced DBS checked.

3. **Yorkshire based**
   We know Yorkshire. Our training is delivered locally by people who understand your community and workplace.

4. **Your place or ours**
   Train at our centre at Manor Court in Scarborough, or we come to your workplace.

5. **Built around you**
   We build bespoke training around your organisation's goals, sector and workforce.

6. **Open courses**
   Can't get a group together? Book a place on one of our scheduled open courses, with online booking.

2000+
Learners trained

50+
Organisations served

98%
Participant satisfaction

100%
Certification success

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Leadership and Management Training
Team Building & Experiential Learning

QUICK REFERENCE

All courses

How long each course takes and what you receive.

COURSE	DURATION	LEVEL
Basic Life Support & Automated External Defibrillator Training	2.5 - 4 hours	Level 3 Award
Level 3 Award in Emergency First Aid at Work	1 day	Level 3 Award
Level 3 Award in First Aid at Work	18 hours (3 days)	Level 3 Award
Level 3 Award in Paediatric First Aid	12 hours (2 days)	Level 3 Award
Student First Aid Training	Min 3 hours, max 5 hours	Level 2 Award

COURSE	DURATION	LEVEL
Level 1 Award in Fire Safety Awareness	4 hours	Level 1 Award
Level 2 Award in Fire Safety	1 day	Level 2 Award
Level 1 Award in Health & Safety in the Workplace	4 hours	Level 1 Award
Level 2 Award in Health & Safety in the Workplace	1 day	Level 2 Award
Level 3 Award in Health & Safety in the Workplace	3 days (minimum 18 hours)	Level 3 Award
Level 2 Award in Manual Handling - Principles and Practice	1 day	Level 2 Award

COURSE	DURATION	LEVEL
Expert with Lived Experience Co-Trainer Training	3 days	Co-Trainer
Oliver McGowan Mandatory Training Facilitator Training	2 days	Trainer Certification
Oliver McGowan Mandatory Training on Learning Disability and Autism - Tier 1	1 hour	Part 2, Tier 1
Oliver McGowan Mandatory Training on Learning Disability and Autism - Tier 2	1 day face-to-face (after eLearning Part 1)	Part 2, Tier 2

COURSE	DURATION	LEVEL
Level 1 Award in Awareness of Safeguarding	Half day	Level 1 Award
Level 1 Award in Awareness of First Aid for Mental Health	Half day	Level 1 Award
Level 2 Award in First Aid for Mental Health	1 day (6 hours)	Level 2 Award (valid for 3 years)
Level 2 Award in First Aid for Youth Mental Health	1 day	Level 2 Award (valid for 3 years)
Level 3 Award in Principles of Safeguarding and Protecting Children, Young People or Vulnerable Adults	1 day (7 hours)	Level 3 Award
Level 3 Award in Supervising First Aid for Mental Health	2 days (12 hours)	Level 3 Award

COURSE	DURATION	LEVEL
P3.express Project Management Training	3.5 days (28 hours)	Foundation / Professional

COURSE	DURATION	LEVEL
Leadership and Management Training	1 or 2 days	Management & Leadership
Team Building & Experiential Learning	1 day	

Section One
First Aid

5 COURSES

- Basic Life Support & Automated External Defibrillator Training
- Level 3 Award in Emergency First Aid at Work
- Level 3 Award in First Aid at Work
- Level 3 Award in Paediatric First Aid
- Student First Aid Training



SECTION ONE

First Aid

Basic Life Support & Automated External Defibrillator Training

Short, focused training on CPR and defibrillation skills. Life-saving techniques for cardiac emergencies.

DURATION	LEVEL	CERTIFICATION
2.5 - 4 hours	Level 3 Award	Valid for 3 years

Level 3 Award in Emergency First Aid at Work

A 1-day, fully accredited First Aid qualification designed for individuals who need to act as an emergency first aider in their workplace.

DURATION	LEVEL	CERTIFICATION
1 day	Level 3 Award	Valid for 3 years

Level 3 Award in First Aid at Work

A 3-day course for individuals appointed as first aiders in any workplace environment. Recognised across the UK and internationally.

DURATION	LEVEL	CERTIFICATION
18 hours (3 days)	Level 3 Award	Valid for 3 years

Level 3 Award in Paediatric First Aid

Specialist 2-day training for anyone who needs to be qualified to provide First Aid to children and young people in educational and care settings.

DURATION	LEVEL	CERTIFICATION
12 hours (2 days)	Level 3 Award	Valid for 3 years

Student First Aid Training

First Aid training for students and educational settings. Learn emergency response skills with a focus on student environments.

DURATION	LEVEL	CERTIFICATION
Min 3 hours, max 5 hours	Level 2 Award	Valid for 3 years

Section Two

Health and Safety

6 COURSES

- Level 1 Award in Fire Safety Awareness
- Level 2 Award in Fire Safety
- Level 1 Award in Health & Safety in the Workplace
- Level 2 Award in Health & Safety in the Workplace
- Level 3 Award in Health & Safety in the Workplace
- Level 2 Award in Manual Handling - Principles and Practice



SECTION TWO

Health and Safety

Level 1 Award in Fire Safety Awareness

A foundation level fire safety course providing essential awareness of fire risks and emergency procedures for all employees.

DURATION
4 hours

LEVEL
Level 1 Award

Level 2 Award in Fire Safety

An intermediate fire safety course for supervisors and Health and Safety representatives covering fire risk assessment and management.

DURATION
1 day

LEVEL
Level 2 Award

Level 1 Award in Health & Safety in the Workplace

A foundation level course providing essential Health and Safety awareness for all employees. Nationally accredited and delivered by our experienced trainers.

DURATION
4 hours

LEVEL
Level 1 Award

Level 2 Award in Health & Safety in the Workplace

An intermediate course covering hazard identification, risk assessment, and workplace safety management. Nationally accredited through Ofqual.

DURATION
1 day

LEVEL
Level 2 Award

Level 3 Award in Health & Safety in the Workplace

An advanced specialist qualification for Health and Safety professionals and those leading Health and Safety functions in complex workplace environments.

DURATION
3 days (minimum 18 hours)

LEVEL
Level 3 Award

Level 2 Award in Manual Handling - Principles and Practice

A practical and accredited course teaching safe manual handling techniques to prevent back injuries and musculoskeletal disorders in the workplace.

DURATION
1 day

LEVEL
Level 2 Award

Section Three

Oliver McGowan Mandatory Training

4 COURSES

- Expert with Lived Experience Co-Trainer Training
- Oliver McGowan Mandatory Training Facilitator Training
- Oliver McGowan Mandatory Training on Learning Disability and Autism - Tier 1
- Oliver McGowan Mandatory Training on Learning Disability and Autism - Tier 2



SECTION THREE

Oliver McGowan Mandatory Training

Expert with Lived Experience Co-Trainer Training

A 3-day course preparing people to co-deliver the Part 2, Tier 2 single day training session as an Expert with Lived Experience, accompanied by a facilitator trainer.

DURATION
3 days

LEVEL
Co-Trainer

Oliver McGowan Mandatory Training Facilitator Training

Become an approved Oliver McGowan trainer. A 2-day facilitator programme to deliver Tier 2 training within your organisation.

DURATION
2 days

LEVEL
Trainer Certification

Oliver McGowan Mandatory Training on Learning Disability and Autism - Tier 1

Part 2, Tier 1 of the Oliver McGowan Mandatory Training. A 1-hour live webinar for health and social care staff, taken after Part 1 eLearning. Eligible for Learning and Development Support Scheme reimbursement.

DURATION
1 hour

LEVEL
Part 2, Tier 1

Oliver McGowan Mandatory Training on Learning Disability and Autism - Tier 2

Part 2, Tier 2 of the Oliver McGowan Mandatory Training. A 1-day face-to-face course for staff providing direct support, with a deeper look at individual needs, communication and support strategies. Eligible for reimbursement.

DURATION
1 day face-to-face (after eLearning Part 1)

LEVEL
Part 2, Tier 2

Section Four

Safeguarding and Mental Health

6 COURSES

- Level 1 Award in Awareness of Safeguarding
- Level 1 Award in Awareness of First Aid for Mental Health
- Level 2 Award in First Aid for Mental Health
- Level 2 Award in First Aid for Youth Mental Health
- Level 3 Award in Principles of Safeguarding and Protecting Children, Young People or Vulnerable Adults
- Level 3 Award in Supervising First Aid for Mental Health



SECTION FOUR

Safeguarding and Mental Health

Level 1 Award in Awareness of Safeguarding

Foundation level safeguarding training providing essential awareness of protecting children, young people, and vulnerable adults.

DURATION
Half day

LEVEL
Level 1 Award

Level 1 Award in Awareness of First Aid for Mental Health

A foundation level course providing mental health awareness and basic First Aid support strategies for all employees.

DURATION
Half day

LEVEL
Level 1 Award

Level 2 Award in First Aid for Mental Health

A 1-day course giving learners the knowledge and confidence to recognise mental health conditions, start a supportive conversation and guide someone towards professional help.

DURATION
1 day (6 hours)

LEVEL
Level 2 Award (valid for 3 years)

Level 2 Award in First Aid for Youth Mental Health

A practical course teaching mental health support and crisis intervention strategies for young people and teenagers.

DURATION
1 day

LEVEL
Level 2 Award (valid for 3 years)

Level 3 Award in Principles of Safeguarding and Protecting Children, Young People or Vulnerable Adults

A 1-day professional safeguarding qualification covering the principles and practice of safeguarding and protecting children, young people and vulnerable adults.

DURATION
1 day (7 hours)

LEVEL
Level 3 Award

Level 3 Award in Supervising First Aid for Mental Health

An advanced qualification teaching supervisory mental health support, crisis management, and leading mental health initiatives in organisations.

DURATION
2 days (12 hours)

LEVEL
Level 3 Award

Section Five

Project Management

1 COURSE

- P3.express Project Management Training



SECTION FIVE

Project Management

P3.express Project Management Training

A practical 3.5-day course covering real-world project management skills and best practices. Suited to professionals new to project management or seeking to formalise their experience.

DURATION
3.5 days (28 hours)

LEVEL
Foundation / Professional

Section Six

Bespoke Training

2 COURSES

- Leadership and Management Training
- Team Building & Experiential Learning



SECTION SIX

Bespoke Training

Leadership and Management Training

Leadership principles from the military, for managers and teams

DURATION
1 or 2 days

LEVEL
Management & Leadership

FORMAT
Bespoke Training

Team Building & Experiential Learning

Hands-on learning that builds teams through experience, not theory

DURATION
1 day

FORMAT
Experiential Learning

GROUP SIZE
Up to 16 delegates

Ready to book?

Book a place on one of our open courses at Manor Court, Scarborough, or ask us to bring any course to your workplace. We can also build bespoke training around your team.

Open courses and online booking
yorkshirefuturestraining.co.uk

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01723 679915

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Opening hours
Monday to Thursday 9am to 5pm, Friday 8.30am to 4.30pm



YORKSHIRE FUTURES